



Annual Report 2013-14

PEOPLE'S CRAFT TRAINING CENTER,

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Community Based Rehabilitation

Every year PCTC devices and puts into practice new strategies to improve the quality of Rehabilitation services. This year the focus was on child specific and progressive assisting devices.

Early Detection

Despite the limited staff support we were able to identify 22 new children in the age group of 0-6. Among them we were able to induct 10 children into early intervention program. Lack of awareness among the parents and the community make the process a bit difficult.

Early Intervention

Two early intervention centres run successfully with the support of parents. In both these centres new equipments have been added and environment changes made. Once a week altogether 27 children with disabilities attended in these centres. Children were given therapy by a group of well trained staff. Four children were given developmental and sensory integration therapy.

All the 27 children were assessed for assistive devices. Based on this assessment 6 children got developmental aids; seating and positioning devices were given to 7 children; and mobility devices were provided for 6 children.

Panchakarma (it is a treatment using sidha system of medicine-for muscles and joints) complements the developmental and sensory integration intervention. In this massage with herbal oil, herbal hot pack treatment (ஒற்றிடம்) and abdomen stimulation by hot and cold water are given.

The parents appreciate the external therapy to their children. Thanks to the therapy and active support of their parents, children show remarkable motor developments (head control, sitting, crawling, walking). These motor developments also minimize the muscle spasticity and joint fitness.

The newly inducted 10 children were given assistance to get monthly maintenance grant from the government. We also supported them with travel allowance.

Monthly consultation and treatment given by our consulting doctor is also given for the following illness: Fits, Malnourishment, skin disease and reparative diseases.

Parent Training

In this training programme at both the centres a total number of 55 children and their parents were involved. Parent Training strategy has its special importance since this training is based on the particular problems and needs of the children. So the parents become aware of their children's condition and as a result they proactively support the whole programme. Most of these 55 children are integrated into normal school.

The programmes and the number of children who profit from them are as follows:



Particulars	Children
Therapeutic intervention	28
Functional literacy	55
Daily living skills	32
Pre vocational skills	7
Assistive devices	20
Medical Intervention	55



Day-care Centre

One of our interventions in our rehabilitation programme is the day-care centre (DCC). 28 children are attending in these centres at Kariyandal and Nookambadi. Both the centres are well equipped with new therapy equipments and mobility devices. 6 trained staffs are involved in running the day centre. In the beginning of the year goals were set for every child. To achieve the goal monthly action plan was prepared. Based on the action plan, staff training was given, teaching and learning materials were prepared and used during the course of the year.

The following table shows the Specific interventions done to the children:

S.No.	Interventions	Children benefitted
1	Physical Therapy	15
2	Special education	28
3	Daily living skills	28
4	Communication skills	19
5	Medical Intervention	28
6	Seizure Treatment	4
7	Specific Behavioural Issues	10
8	Developmental aids	12

Once a month all the parents of the children in DCC were gathered and they discussed on the following issues.

- Program for the children
- Problems faced by the parents
- Possible solutions
- Management of Children at home

Many of our children participated in District sports events and performed very well in many events and won 22 prizes.

Vocational Training

The challenging factor is how to motivate parents, children and communities to find suitable trades for the parents. So far we have achieved 50% success in this.

A total number of 19 children were involved in the following activities.

Sewing and Tailoring	- 9
Centre Maintenance	- 6
Gardening	- 6
Campus Maintenance	- 4

11 children were given motivation to be involved in small savings activities. They have saved Rs. 1443.

CBR Activities

S.No.	Assistance received	No. of persons.
1	Tricycle	15
2	Wheel Chairs	12
3	Motorized Tricycle	2
4	Auxiliary Crutches	15
5	Artificial limbs	6

The Data base of People with disability is systematically maintained at the center. This management information system is very much useful in planning, execution and monitoring of our rehabilitation program. In the beginning of the year there were 1785 PWDs. During the course of the year the newly certified and identified people with disability were 202. Thus the total number of

persons with Disability at the end of the year is 1987.

The Convergence Rehabilitation Camp by the Government of Tamilnadu for the year 2013-2014 was held in month of November in Thurinchapuram block. 135 PWDs were assisted to get ID cards. 221 were referred to get monthly maintenance grant from the government, out of which so far 72 have received the grant. 22 PWDs received bus pass and 42 Children received educational assistance.

Monthly second Sunday Block Federation meetings were held in which information related to Rehabilitation, New welfare schemes and rights were shared.

A PWD – family was supported, when the house they were living was totally destroyed by fire. The family was given an assistance of Rs. 10,000/- (Ten Thousand only) worth of cooking vessels and clothes.

They were further assisted to get free house from the government of Tamilnadu

Rajakumari, a disabled person who had skill training in cutting and dress making, was assisted to build a house with a support of Rupees 100,000.

A block level survey was conducted to identify PWDS who do not have toilet facilities. We are conscientising them about the need to have toilets as a health care necessity. If we are able to find additional financial support we will be able to begin helping first the severely disabled women to construct toilets and then make this help available for the other needy ones.

Every year on 31st of December we celebrate Makkal Thiruvizha in which several children sing, dance, act in dramas and take part in sports and other activities. We provide gifts for 120 children.

Assistive Devices

We organized a special camp in collaboration with “Motivation India” for Mobility device. The different models for different age groups and conditions motivated us to find source for this initiative. The camp was organized at both the centres. A total number of 45 PWDs attended the camp. Individual assessment and measurements were taken and based on the assessment 45 PWDs were given Motivation Wheel chairs at a cost of Rs. 700,000 as per the prescription. All these wheel chairs were given to PCTC at a 50% subsidized cost. *2 bears-UK* generously supported this project, to make mobility affordable for people with disability.

Staff Training

- Exposure visit was arranged for rehabilitation staffs to improve their skills. They visited worth Trust Katpadi
- Visit to a government supported early intervention centre helped them to learn new skills.



- Visit to a hearing impaired special school helped them to find new methods in communication skills and how effectively the rehabilitation equipments can be used

Summer training programs were organized in the following areas.

- Aim and goal setting
- Prioritizing the needs
- Therapy inputs.
- Making simple assistive devices such as gaiters – assistive while fabrication seating and passionate devices.
- Fine tuning of Roles and responsibilities every staff member

Community health program

Village awareness program was conducted to control breeding of mosquitoes and control of fever. A demo of the preparation of Nilavembu-tea was done and the whole village was administered with this medicine. The women federation took the responsibility to distribute Nilavembu-tea every day to control the spread of viral fever.

During the meeting for the women groups at Kariyandal, training was given for the control of fever. 85 women from 15 villages participated in this program.



Women Empowerment

The leaders of women self help groups from Porkunam, Vedanthavadi, Arpackam, Seelapandal, Mangalam and Kothanthavadi had their monthly meetings at PCTC for 4 months to deliberate on the need for reviving the federation at the Block level again, so that they will have the opportunity to constantly interact with each other. An exposure program was organized to POETS –Puthiya pathai-Women federation. The exposure visit reinforced in them the need for the federation.



Exposure program was organised on 17.4.2013 for the women from 8 villages to go to Chennai and see a paper cup making unit.

One day orientation was organized to women on National livelihood mission, and the role they could play in a fair implementation of this program in the villages.

Climate Change

PCTC made efforts to enlighten women and school going children on the importance of global warming and other issues related to environmental sustainability. We gave them inputs on waste management, tree plantation, renewable energy, organic farming, rain water harvesting, Bio gas, construction of Toilets and so on. In Porkunam, village we installed a solar power system for the PLF building. During the next year our efforts will be continued. Wherever women groups ensure their participation, we will make initiatives to establish model projects on renewable energy, Bio gas, organic farming and agro enterprises. 3000 tree plants were distributed to the members of the self help groups and Thulir Children.

Study on the impact of MDGs in one village

Along with 3 other NGOs we made a pilot study on the impact of Millennium Development Goals (MDGs). With the same group of NGOs we are exploring the possibility to standardize the tool and develop intervention model program for a 5000 population cluster in the coming year.

The Birth of TNCP 2015

PCTC is one of the founding members of Tamilnadu Coalition Post 2015, a net work of NGOs to deliberate on the status of MDGs in a rural context, to enable NGOs to have clarity on the MDGs, to help them in perspective building exercises so that all their existing activities can become complementary and to have greater impacts. The first workshop, which was held in Trichy on MDGs, was sponsored by PCTC, where 70 NGOs from Tamilnadu participated.



Thulir Program

There were 165 children as part of Thulir program in 5 villages. We did the preparatory work to start a new center at Thanakotipuram. The new center will start functioning from June 2014 onwards. There were regular activities during the course of the year.

Every month the children prepare questions from their text books and the teachers conduct a quiz competition at the end of the month. This has helped them to get ready with one word answers.

Independence day and republic day were celebrated in all the centers.

This was marked with Essay, Drawing and oratorical competitions along with sports events.

As part of the skill development initiative children were oriented to drawing. They were given manuals to enhance their skills in drawing.



There were regular classes to students to identify herbs and develop herbal gardens in their houses. They prepared simple home remedies and used them.

On 28.8.2014 Fr Eugene gave one day orientation course to 80 students of 10th and 12th standards on how to prepare for the public examinations.

Makkal Thiruvizha 2013



This year Makkal Thiruvizha was celebrated in Porkunam Village. More than 3000 persons participated in this program. Self help group women, Children, Persons with disability, and the public were there. Mr. Aranganathan, MLA and other well wishers participated in the program. Sports events were organized for Women. Disabled children actively participated in all the competitions and cultural events. Thulir children were very active and they showcased their talents. The program started at 9.30 am and came to an end by 4.00 pm.



All those who participated in the Makkal Thiruvizha (People's Festival) took back with them a tree plant promising that they will make their surrounding green.

Conclusions:

We thank all the supporters and the people who gave us the joy of working with them, the new insights, which enabled us to keep going. We have a new updated website. Thank you Friends!

